

JULY 2024

EPIK Holiday Program

8th July -
19 July 2024



Holiday Program

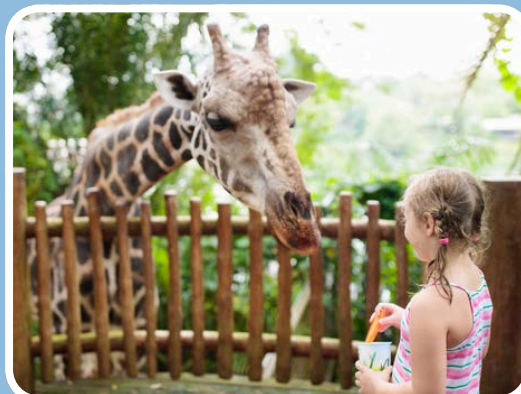
WEEK 1



Monday 8th July 2024

Sydney Zoo

We'll be kicking off the holidays by heading to Sydney Zoo! Here we'll get the chance to build upon our social skills, but not just with our closest friends but with our little furry ones as well.



Companion Card Required

→ Community Access 

Sweet Treats

Sunday the 7th of July was World Chocolate Day so to celebrate we'll be making an Aussie classic dessert...the Mars Bar Slice



Leaf Painting

There is a certain beauty in nature and with this fun arts activity we'll be able to make those memories last forever with just a bit of paint and some leaves!



→ Centre Based 

Holiday Program

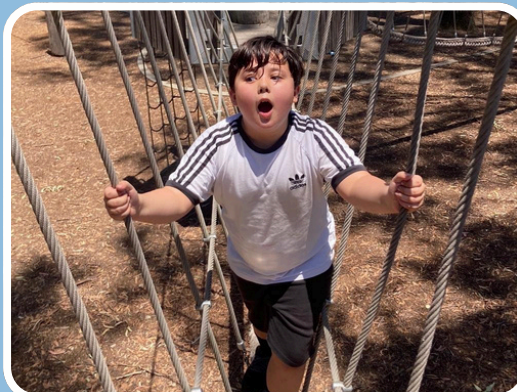
WEEK 1



Tuesday 9th July 2024

Fairfield Adventure Park

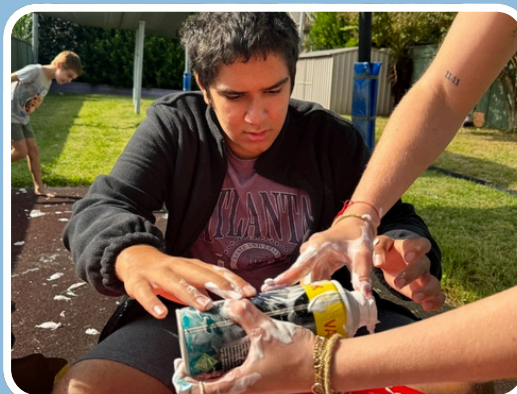
Today we'll be returning to one of our favorite spots. Fairfield Adventure Park is a great space to get active and work on our physical and gross motor skills. Whether its climbing up the rope pyramid and running through the obstacle course or even just going for a leisurely stroll around the oval.



Community Access  

Messy Play

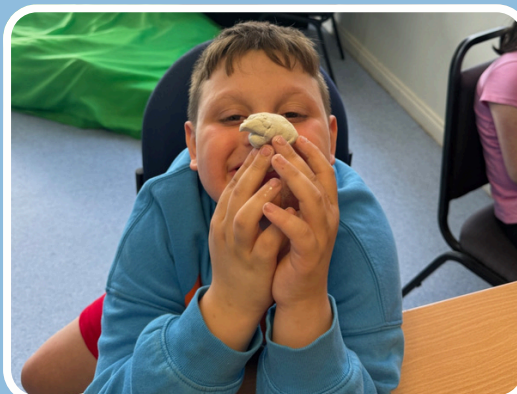
Messy play is the ultimate way for a child to meet their sensory needs; whether its digging their hands into some coloured spaghetti or having a mock snowball fight with shaving cream.



Clay Day

Working with clay is a great way to develop our fine motor skills.

With a range of characters to create and mould its time to get our imaginations working.



Centre Based 

Holiday Program

WEEK 1



Wednesday 10th July 2024

Inflatable World

Ever dreamed of living in a giant bouncy castle? We'll be living that dream today as the group heads to Inflatable World Miranda; a center where every inch is a different kind of bouncy castle with a range of activities.



→ Community Access

Spinach and Cheese Triangles

We'll be putting on our gloves and our chef hats as we step into the kitchen to make these delicious snacks.



Teddy Bear Picnic

Taking the pastries we made this morning we'll be setting up in the backyard and celebrating Teddy Bear Picnic Dat with our own little gathering on the lawn.



→ Centre Based

Holiday Program

WEEK 1



Thursday 11th 2024

Sydney Park

Today we will be heading to Sydney Park in Alexandria for an adventure filled day.

From walking around the track to chilling at the lake; with an expansive playground with plenty to do, today is guaranteed to be a fun day!



Community Access 

Mask Making

There's no masquerade here at Croydon!

Today we'll be using our arts and crafts skills to make some masks that recreate our favourite animals and story characters.



Music Day

Feel the rhythm! Feel the rhyme! Get on up, it's Music Time!

Today we'll be working on our creativity and motor skills as we come together and work on our beats in the ultimate jam sessions.



Centre Based 

Holiday Program

WEEK 1



Friday 12th July 2024

● Strathfield Super Bowl

This Friday the group will be heading to Strathfield Superbowl for a couple games of friendly competition.

Get your bowling shoes and gloves on for a day of fun.



→ Community Access

● Movie Day

As the week comes to an end, there's no better way to relax than to kick back a bowl of popcorn and watching a movie with our peers.



● Cupcake Making

Today we will be creating some scrumptious treats!

We will be working on turn-taking, kitchen hygiene and choice making.



→ Centre Based

Holiday Program

WEEK 2



Monday 15th July 2024

Carr's Bush Park

Today the group will be heading to Carrs Park in South Sydney, an all-accessible park with a range of activities to right along the water.

From the playground to the walking track in the bush, the outing today will be full of adventure.



Community Access  

Pizza Making

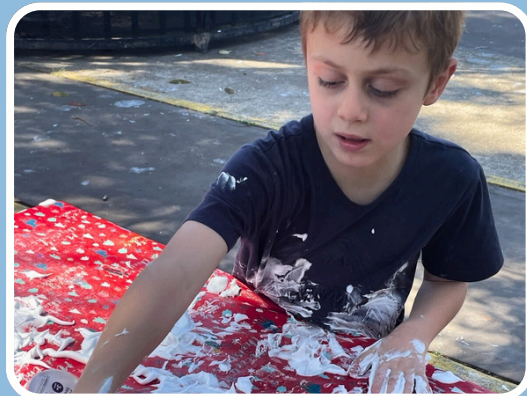
Pizza day is all about decision making; choosing the right toppings to make the perfect pizza. Socialise with your friends over a slice, in a delicious lunch.

Lunch Provided



Messy Play

Messy play is the ultimate way for a child to meet their sensory needs; whether its digging their hands into some coloured spaghetti or having a mock snowball fight with shaving cream.



Centre Based 

Holiday Program

WEEK 2



Tuesday 16th July 2024

Bounce Inc

As the holidays begin to wind down we'll be heading out with a bang at Bounce Inc in Homebush; a new indoor gym and trampolining centre. Here we'll work on our physical and social skills as we bounce around or just chill out in the foam pit.

All Children must wear socks whilst at the venue



→ Community Access

Marbling

Marbling is a fun and hands-on way to get creative. this morning we'll be using this painting method to create our own designs, and we'll leave at the end of the day with a colourful gift for our parents/.



Lava Lamps

One of the ultimate sensory tools is actually simple and fun to make.

Today the group will be making our own custom-made lava lamps for use at home.



→ Centre Based

Holiday Program

WEEK 2



Wednesday 17th July 2024

Walk at Kurnell

Today the community access group will be heading to Kurnell for a coastal walk along the Burrawang Walking Track.

Then we'll be heading across to Bonna Point Reserve for lunch at the beach playground.



Community Access Community Access icon consisting of a green leaf and a purple wheelchair.

Rice Paper Roll Making

Today we will be working together to make some delicious rice paper rolls for lunch. We will be working on turn-taking, kitchen hygiene and healthy options.

Lunch Provided



Volcano Making

In preparation for Thursday's Science Day, we will be using paper mache to create a working miniature volcano with an actual eruption!



Centre Based Centre Based icon consisting of a house with a heart inside.

Holiday Program

WEEK 2



Thursday 18th July 2024

● Shine Shed

This Thursday we'll be heading to the Shine Shed! A place where the kids can meet their sensory needs, get active, develop skills and make friends in a fun, nurturing and supported environment.

All children must wear socks whilst at the venue



→ Community Access  

● Oobleck

Today we'll be working with Oobleck, a simple yet fun recipe to do that is a fluid when at rest but becomes a solid when pressure is applied.



● Volcano Experiment

Never has science seemed so fun! Today we'll be taking our volcanoes from Thursday and simulating a lava eruption.



→ Centre Based 

Holiday Program

WEEK 2



Friday 19th July 2024

● BBQ at Croydon

To celebrate the great times we've had these holidays, we'll be topping it off with a BBQ at Wangal Park where we'll get the chance to develop our social and physical skills.

Lunch Provided



→ **Community Access**  

● BBQ

As a final farewell to the holidays we'll be celebrating the fun times we've had socialising with our friends during the holidays with an Aussie BBQ!

Lunch Provided



● Movie Day

As another week comes to an end, there's no better way to relax than to kick back a bowl of popcorn and watching a movie with our peers.



→ **Centre Based** 